

Chapter 10 – The Circulatory & Lymphatic Systems

Complete using BC Biology 12, pages 298 – 325

10.1 The Blood Vessels

pages 298 - 299

1. Label the blood vessels in this diagram, using the following list of terms. Use Figure 10.1 to help if needed.

arterioles

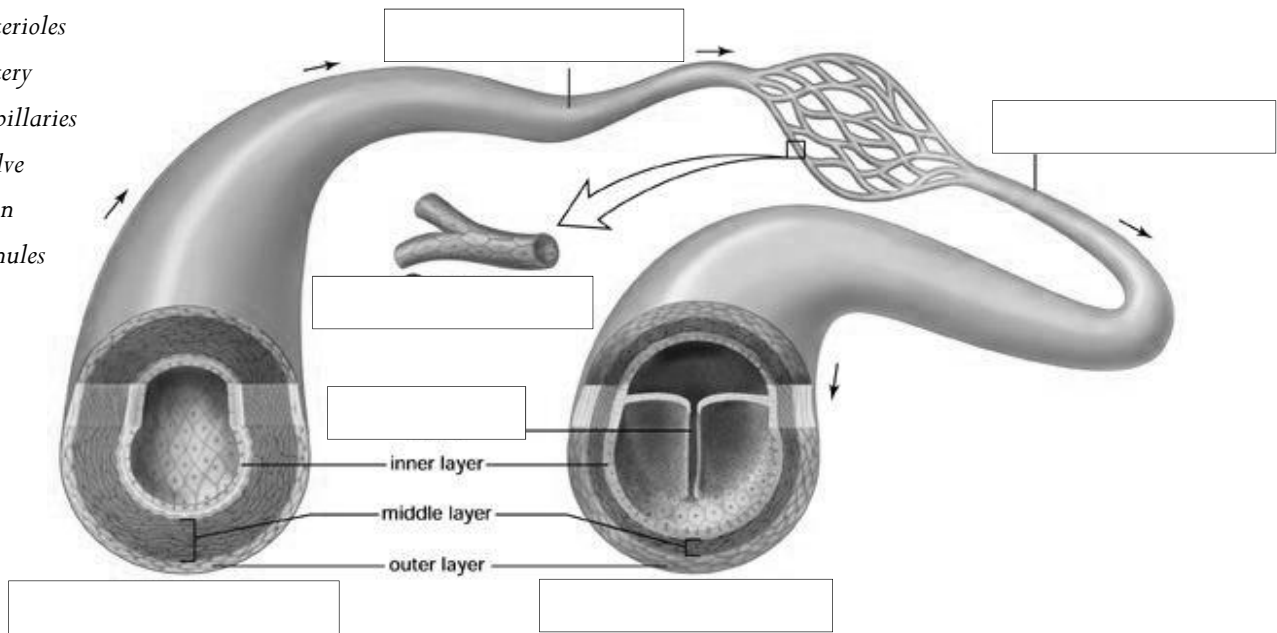
artery

capillaries

valve

vein

venules

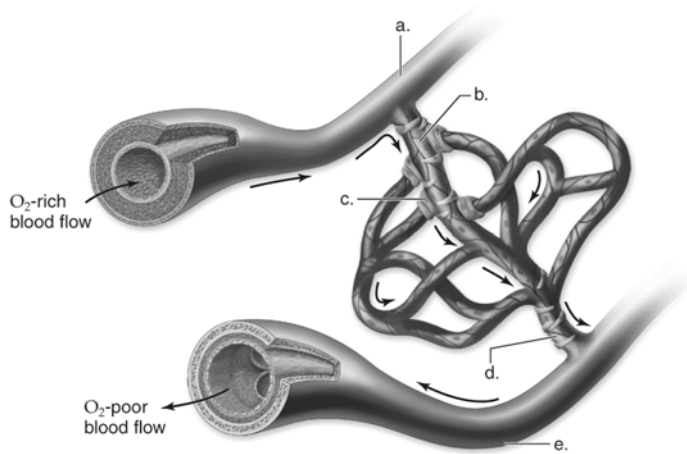


2. Match the statements to the terms: *artery*, *vein*, *capillary*

- | | |
|----------|--|
| a. _____ | Thickest walls |
| b. _____ | Has valves |
| c. _____ | Takes blood away from the heart |
| d. _____ | Takes blood to the heart |
| e. _____ | Exchanges CO ₂ and O ₂ with tissues |
| f. _____ | Nervous stimulation causes these to constrict during hemorrhaging; also act as a blood reservoir |

3. STRANGE BUT TRUE! The _____ of the _____ is one region of the body that is nearly capillary-free. Why? _____ How do the cells in this region get nutrients? _____

4. Label the diagram below using Figure 10.2.



- a. _____
- b. _____
- c. _____
- d. _____
- e. _____

5. Explain how it is possible for blood to bypass capillary beds. Use the terms labelled in the figure above.

6. What is the term given to the sleepiness people may feel after eating? _____
 As recent evidence suggests it is not due to decreased blood supply to the brain, what is the suspected reason for this feeling? _____
 What is the largest artery in the body? _____
 What is the largest vein in the body? _____

10.2 Blood

7. Blood is considered to be a _____ tissue.
8. Name the three broad functions of blood and give an example of each
- a. _____ : _____
 - b. _____ : _____
 - c. _____ : _____
9. Plasma is mostly _____ (90-92%) and _____ (7-8%).
10. Place the correct plasma protein in the blank: *fibrinogen, albumin, lipo proteins, or all plasma proteins*
- a. _____ transports cholesterol
 - b. _____ helps blood clot
 - c. _____ transports bilirubin (breakdown product of hemoglobin)
 - d. _____ helps maintain the pH and osmotic pressure of the blood

11. The red blood cells, scientifically called _____, are made in the _____ of the _____, the _____, the _____, and the ends of the _____. Upon maturation, they are biconcave disks that lack a _____ and contain _____ (a red pigment). After about 120 days, red blood cells are destroyed in the _____ and _____.

12. The condition of _____ is characterized by an insufficient number of red blood cells or not enough hemoglobin. What are three basic causes for this condition?

(1) _____

(2) _____

(3) _____

What is the most common type of anemia? _____

13. Circle the items that describe hemoglobin correctly:

a. each molecule contains three polypeptide chains

b. each molecule contains four polypeptide chains

c. heme contains iron

d. globin contains iron

e. makes leukocytes red

f. makes erythrocytes red

g. becomes oxyhemoglobin when carrying oxygen

h. becomes deoxyhemoglobin when carrying oxygen

14. White blood cells, scientifically called _____, differ from the red blood cells in that they are usually _____, have a _____, lack _____ and without staining appear _____. White blood cells fight _____ and play a role in the development of _____ and the ability to _____.

15. Name the two divisions of white blood cells.

- _____: contain enzymes and proteins which help defend against microbes
- _____: also known as mononuclear cells and include the cells that are able to produce antibodies for long term immunity

16. Platelets, scientifically called _____, result from fragmentation of certain large cells called _____, in the red bone marrow. They are involved in the process of _____ or _____.

17. The following shows the reactions that occur as blood clots:

platelets → prothrombin activator

prothrombin → thrombin

fibrinogen → fibrin threads

Does the left-hand side or right-hand side list substances that are always present in the blood? _____

Which substances function as enzymes? _____

Which substance is the actual clot? _____

18. Several nutrients are necessary for clotting to occur. Vitamin _____ is needed for the production of prothrombin. The element _____ is needed for conversion of prothrombin to thrombin. _____ refers to a group of inherited clotting disorders caused by a deficiency in a _____. The most common type, _____, accounts for about 90% of all cases and almost always occurs in _____ because the faulty gene is found on the _____ chromosome. Since _____ have 2 _____ they have a backup copy of the gene.

19. Complete the table below using Table 10.3 *Not in order!

Body Fluids Related to Blood	
Name	Composition
	Formed elements and plasma
	Plasma minus fibrinogen
	Tissue fluid within lymphatic vessels
	Liquid portion of blood
	Plasma minus most proteins

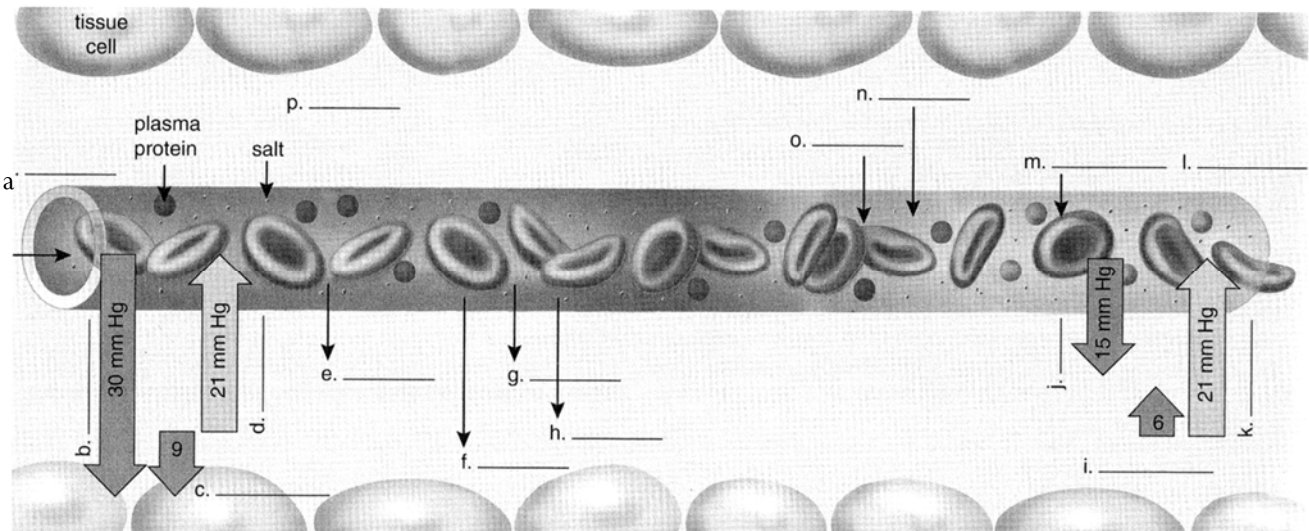
20. A _____ is a cell that is ever capable of dividing and producing new cells that go on to _____. Multipotent stem cells are known to be found in the _____ and have the ability to give rise to other stem cells for the various _____.

Why are researchers so interested in stem cells? _____

21. What is the benefit of using a person's own stem cells as opposed to using donor stem cells? _____

22. Label this diagram of capillary exchange using these terms:

- amino acid
- arterial end
- blood pressure (2)
- carbon dioxide
- glucose
- net pressure in
- net pressure out
- osmotic pressure (2)
- oxygen
- tissue fluid
- venous end
- wastes
- water (2)



23. Explain the diagram in the last question. _____

24. Why is there excess tissue fluid, and what happens to it? _____

10.3 The Human Heart pages 307 - 311

25. Distinguish between the...

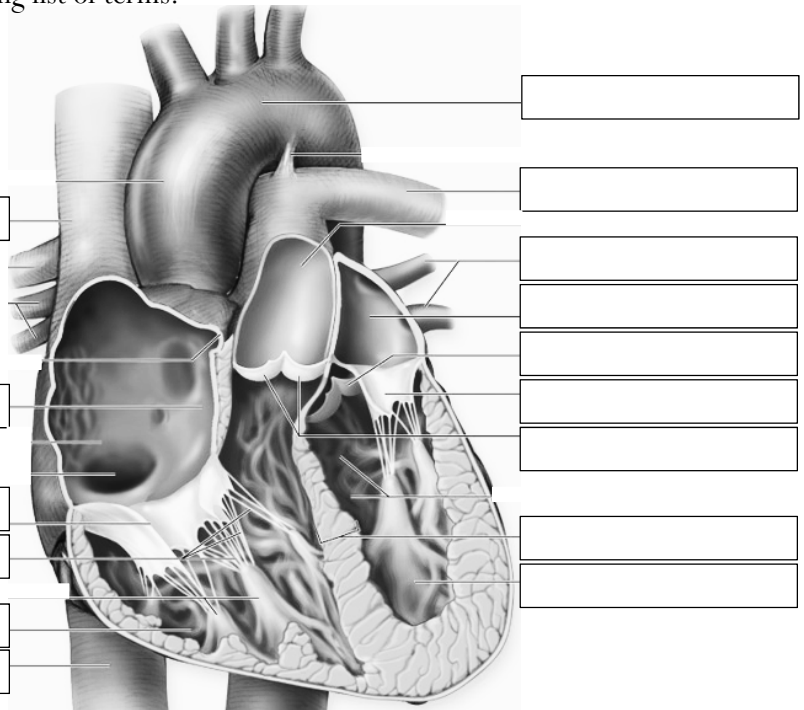
a. **myocardium** : _____

b. **pericardium** : _____

c. and **endocardium**: _____

26. Label the parts of the heart, using the following list of terms.

- aorta
- semilunar valves (2)
- AV (bicuspid) valve
- AV (tricuspid) valve
- chordae tendineae
- inferior vena cava
- left atrium
- left ventricle
- pulmonary artery
- pulmonary veins
- right atrium
- right ventricle
- septum
- superior vena cava



27. Why is the left ventricle more muscular than the right ventricle? _____

28. Trace the path of blood...

a. through the heart from the vena cava to the lungs. _____

b. the lungs to the aorta. _____

29. When the heart beats the two _____ contract at the same time, then the two _____ contract at the same time, then all of the chambers _____.
30. Fill in the following table with the words *systole* (contraction) and *diastole* (relaxation) to show what happens during the **0.85 seconds** of one heartbeat.

Cardiac Cycle		
Time	Atria	Ventricles
0.15 sec		
0.30 sec		
0.40 sec		

31. When a heart beats, the familiar _____ sound occurs. This is best heard using a _____. When the atria contract, this forces blood through the _____ valves into the chambers called the _____. The closing of these valves is the lub sound. Next, the ventricles contract and force the blood into the arteries. Now the _____ valves close, making the dub sound.

32. Match the phrases to these nodes: *SA node*, *AV node*

- a. _____ pacemaker
- b. _____ contraction of ventricles
- c. _____ base of right atrium near the septum
- d. _____ Purkinje fibers

*** Draw the SA and AV nodes onto the heart diagram on the last page**

33. Match the actions to these divisions of the nervous system: *parasympathetic system*, *sympathetic system*

- a. _____ normal body functions
- b. _____ active under times of stress
- c. _____ releases norepinephrine to speed up heart
- d. _____ slows heart rate

34. Does the adrenal gland hormone, epinephrine, speed or slow the heart rate? _____

35. What is the significance of each of the following in an electrocardiogram (ECG)?

- a. *P* wave _____
- b. *QRS* wave _____
- c. *T* wave _____
- d. Label the following ECG diagram with P, Q, R, S, and T



36. Various types of abnormalities, known as _____, can be detected by an ECG.

Name the abnormalities or equipment based on the descriptions below.

- a. _____: most common type, results in a fast & irregular heartbeat
- b. _____: fluttering sensation in the heart as result of AF
- c. _____: serious medical condition, commonly follows a heart attack by
can be caused by injury or drug overdose
- d. _____: small devices used to determine whether a person is suffering
from VF and if necessary to apply appropriate electrical shock

10.4 The Vascular Pathways

pages 311 - 313

37. Name and distinguish between the two circuits of the circulatory system.

- a. _____ : _____

- b. _____ : _____

38. Usually, arteries carry oxygenated blood and veins carry deoxygenated blood.

Name two vessels in which this is not the case.

- a. _____
- b. _____

39. Trace the path of blood

To the left atrium:

right ventricle

- a. _____
lungs
- b. _____
left atrium

From the legs:

legs

- c. _____
- d. _____
right atrium

40. Trace the path of the blood

To the liver:

aorta

- a. _____
digestive tract
- b. _____
liver

From the liver:

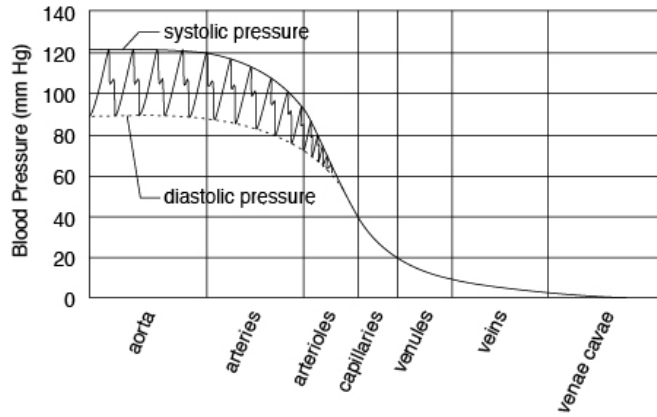
liver

- c. _____
- d. _____
right atrium

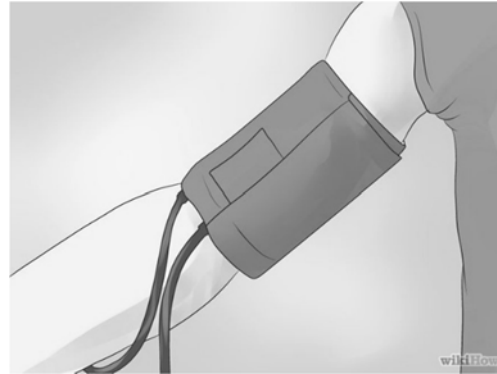
41. Why are coronary arteries more likely to clog than other arteries? _____

42. Define **portal system**: _____

The next three questions are based on this diagram. Use the space provided to answer them in complete sentences.



43. What force accounts for blood flow in arteries? _____
44. Why does this force fluctuate? _____
45. What causes the blood pressure and velocity to drop off? _____
46. Since there is little muscle surrounding the veins, what factors account for blood flow in the veins? _____
47. What keeps blood from flowing backward in veins? _____
48. A _____ is the device used to measure blood pressure. Blood pressure is usually measured on the _____. Why use this artery? _____



10.5 Fetal Circulation

49. Why does fetal circulation differ from regular circulation? _____
50. Much of the blood entering the right atrium is shunted into the left atrium through the _____ between the two atria. Also, any blood that does enter the right ventricle and is pumped into the pulmonary trunk is shunted into the aorta by way of the _____.

51. Match each term to its correct description

umbilical arteries

umbilical vein

ductus venosus

umbilicus

- a. _____ navel
- b. _____ connection of umbilical vein from liver to inferior vena cava
- c. _____ takes nutrient and oxygen rich blood to the fetus
- d. _____ takes blood that has delivered its oxygen and nutrients back to the mother

52. Explain the function of the placenta. _____

10.6 The Lymphatic System

pages 315 - 318

53. What is tissue fluid comprised of? _____

- a. Another term for this fluid is _____.

54. Describe an *edema* and its causes. _____

55. Two primary lymphoid organs: _____

Two secondary lymphoid organs: _____

56. Why do physicians feel for the presence of swollen or tender lymph nodes? _____

10.7 Innate & Adaptive Immunity

pages 318 - 321

Not specifically covered in this course but an interesting topic!

57. Complete the table. Your knowledge of the disorders will not be tested but rather is provided for interest sake.

Disorder	Description
	Accumulation of soft masses of fatty materials beneath linings of arteries. What are these deposits called? <ul style="list-style-type: none"> • What is the difference between a thrombus and an embolus? <ul style="list-style-type: none"> •
	High blood pressure. What would be a high blood pressure reading for you? <ul style="list-style-type: none"> • Name two types of medications used to treat high blood pressure. <ul style="list-style-type: none"> • •
	Can occur as a birth defect or degenerate due to age or infections. What do they often get replaced by? <ul style="list-style-type: none"> • •
	Arteriole in the brain bursts or is blocked by a blood clot.
	Partial blockage of a coronary artery.
	Complete blockage of a coronary artery. A portion of the heart muscle dies due to a lack of oxygen.
	Ballooning of the blood vessel, most often in the abdominal aorta or the arteries leading to the brain.

- | | | | |
|----------|-----------|-----------|-----------|
| 1. _____ | 8. _____ | 15. _____ | 22. _____ |
| 2. _____ | 9. _____ | 16. _____ | 23. _____ |
| 3. _____ | 10. _____ | 17. _____ | 24. _____ |
| 4. _____ | 11. _____ | 18. _____ | 25. _____ |
| 5. _____ | 12. _____ | 19. _____ | 26. _____ |
| 6. _____ | 13. _____ | 20. _____ | 27. _____ |
| 7. _____ | 14. _____ | 21. _____ | 28. _____ |

29. Composition of blood: _____

30. (a) _____

(b) _____

31. _____

32. _____

33. _____

34. _____

35. Complete the table

	Red Blood Cells	White Blood Cells	Platelets
Other name			
Site of Production			
Structure & Appearance			
Function			

36. _____

37. _____

38. _____

39. _____

40. _____

41. _____

43. Complete the table

Blood Vessel	Structure	Function
Artery		
Arteriole		
Capillary		
Venule		
Vein		

44. _____

45. Function of circulatory system with respect to each of the following

(a) clotting _____

(b) transport _____

(c) pH balance _____

(d) thermoregulation _____

(e) protection from infection _____

46. Parts of the heart

(A) _____

(I) _____

(B) _____

(J) _____

(C) _____

(K) _____

(D) _____

(L) _____

(E) _____

(M) _____

(F) _____

(N) _____

(G) _____

(O) _____

(H) _____

47. Match the description to the blood vessel

(a) _____

(f) _____

(k) _____

(p) _____

(b) _____

(g) _____

(l) _____

(q) _____

(c) _____

(h) _____

(m) _____

(d) _____

(i) _____

(n) _____

(e) _____

(j) _____

(o) _____

48. Distinguish between...

(a) Artery _____

Vein _____

(b) Atrium _____

Ventricle _____

(c) Blood _____

Interstitial Fluid _____

(d) Plasma _____

Formed elements _____

(e) Tricuspid valve _____

Bicuspid valve _____

(f) Systemic circuit _____

Pulmonary circuit _____

- (g) Atrioventricular valve
Semilunar valve
- (h) Intrinsic control
Extrinsic control
- (i) Left side of heart
Right side of heart

- 49. _____

- 52. _____
- 53. _____

- 59. _____

- 61. _____

- 62. _____

65. Match the description to the fetal circulatory feature

- | | | | |
|---------|---------|---------|---------|
| (a) ___ | (f) ___ | (k) ___ | (p) ___ |
| (b) ___ | (g) ___ | (l) ___ | (q) ___ |
| (c) ___ | (h) ___ | (m) ___ | (r) ___ |
| (d) ___ | (i) ___ | (n) ___ | (s) ___ |
| (e) ___ | (j) ___ | (o) ___ | |

73. (a) Show your work

(b) Show your work

Mark the review questions using the answer key on pages 544 - 546